

Name:

Address:

Postal Code:

Email:

Phone:
(home)

I would like to become a member of FGWRC.
All members support the Centre's objectives and policies, pay the required membership and receive special mail-out information regarding upcoming services and events.

Select type of membership:

- An **Active Member** is a woman over the age of 18. In addition to above, she is entitled to make motions, nominations, vote, and hold office. \$20 annual fee (income adjustable).
- An **Associate Member** is a woman, man, youth or organization. \$15 annual fee (income adjustable)

I would like to receive notices by: Mail Email

I would like to make a donation.

General: \$

Tribute Gift: \$

My tribute gift is being made in honour of:
(name, address of recipient and occasion of gift)

A card will be mailed, on your behalf.

Please make cheques payable to FGWRC. Mail this form to 1150-A Waverley St., Wpg., MB. R3T 0P4

Please check here if you wish to receive a tax receipt.



Fort Garry Women's Resource Centre

1150-A Waverley Street
Winnipeg, MB R3T 0P4

Outreach

#104-3100 Pembina Highway
(buzz code 1003)
Winnipeg, MB R3T 4G4

Ellen Street Centre

#104-210 Ellen Street (Ellen and Ross)
Winnipeg, MB R3A 1R7

Telephone: 204-477-1123
Fax: 204-475-9127
Email: info@fgwrc.ca
Website: www.fgwrc.ca

Fort Garry Women's Resource Centre

Committed to creating a community where women and children are safe, healthy, valued and empowered.



Programs & Services

Information & Referral: Connecting women with appropriate community resources.

Individual & Group Counselling: Working with skilled counsellors to explore and resolve life issues which create significant challenges in the lives of women

Outreach: Reaching out, in a variety of ways, to women in the community who may feel isolated due to multiple barriers in their lives.

Public Education & Workshops: Events providing information and inspiration on topics and issues of interest to women.

Children's Counselling Program: Providing short-term therapeutic support for children who have witnessed and/or experienced domestic violence.

All services are free of charge and are available through self referral.

FGWRC provides services to women of all cultural, racial, economic, social, religious affiliations, to women of differing abilities, ages and sizes, as well as to women who are heterosexual, bisexual, lesbian or are women identified people.

Core funding provided in part by:



Supporting FGWRC

Membership

Membership is a tangible way of showing your support. Through special mail-outs, it keeps you informed on current happenings. "Active" members are involved in the direction of the Centre by being entitled to make motions, nominations, vote and hold office. Membership connects you with other FGWRC supporters.

Donation

Financial: Financial contributions ensure our ability to continue offering free services. We value donations in any amount.

In-Kind: Gifts of articles or services related to the Centre's activities are greatly appreciated. Contact us to find out more about what our current needs are.

Tribute Gift: A donation in a friend's or loved one's name in celebration of a birthday, special event, in appreciation or in remembrance is a wonderful way to honor someone.

* Tax receipts will be issued, upon request for donations or tribute gifts of \$15 or more.

See back page for donation and membership forms.

Volunteering

Board: The Board of Directors is comprised of volunteers who make major decisions regarding the operation of the Centre and participate on working committees.

Committees: Looking for community women to serve on community relations, finance, personnel, policy committees.

Outreach: Working with women and children as they participate in a variety of Outreach programs.

Community: From time to time, FGWRC requires volunteers to do specific tasks related either to time-limited projects or the ongoing operation of the Centre.

If you are interested in volunteering in any of these capacities, please contact us by phone at 477-1123 or email at info@fgwrc.ca

Hours of Operation

Mon, Tues, Thurs, Fri:
9am - 12pm
1pm - 4pm
Wed: 9am - 12pm

For more info, call the FGWRC @
477-1123 or refer to the web site
www.fgwrc.ca

